

Date: 8th November 2006

SAFETY BRIEFING – RAIL ACCESS DIVISION

FALLS FROM ACCESS PLATFORM BASKETS

Injuries sustained due to a free fall from an Access Platform basket can be catastrophic and even fatal. You don't even have to be that high up for a major or fatal injury to occur, the diagram below shows that impact speeds reached from the various fall heights.



Height = 17m
Impact Speed = **40mph**
FATAL

Height = 10m
Impact Speed = **31mph**
FATAL

Height = 5m
Impact Speed = **22mph**
MAJOR INJURY / FATAL

Height = 2m
Impact Speed = **13mph**
MAJOR INJURY

17m
10m
5m
2m

THE MESSAGE IS CLEAR – WEAR A HARNESS AT ALL TIMES

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